

VINTAGE TIMES

Vintage Park Apartments, 810 East Van Buren, Lenox, IA 50851
Vintageparkapts.com 641-333-2233

Henry Ford: American Legend

By:

Doug Junker

My father and I once had a conversation about the tremendous technological advances my grandfather, Ben H. Junker, had lived to witness. He was born in the first decade of the 1900's and he passed from this earth in the last decade of the 20th Century. He spent his youth behind a team of horses and yet lived to witness automobiles, airplanes, men walking on the moon, and the introduction of computers. The sheer volume of technological advances we have enjoyed over the last 150 years is remarkable and our developments have shaped our culture, our economy, and our future. In the world of industry few, if any, have matched the success and influence of Henry Ford. His principals, drive, and innovative nature shaped the automobile industry and forever changed the trajectory of our nation.

Henry Ford was born in July of 1863 on a farm in Greenfield Township, Michigan. When he became a teenager, his father gave him a pocket watch. Ford became fascinated by the mechanism and was soon dismantling and repairing any watch he could find. At the age of 16 he left home to work as a machinist in Detroit but returned to work the family farm in 1882, where he became skilled at working with and repairing the family's Westinghouse portable steam engine. In 1891 he once again left the farm and began working as an engineer for the Edison Illumination Company of Detroit. His promotion to Chief Engineer in 1893 afforded him the time and resources he needed to devote attention to his personal experiments on gasoline engines. By 1896 he had completed a

self-propelled vehicle and by 1903 he, with the help of investors, established the Ford Motor Company. The Model T was introduced five years later. The Model T was built, almost without change, for the next 19 years. In the end, Ford had produced 15,007,034 Model T's at a price that made it affordable for the average American family. This success laid the foundation for Ford Motor Company's growth and permanently cemented Henry Ford's reputation as a titan of American industry while providing the opening needed to shine a light into the complex beliefs and principals of this extraordinary man.

Henry Ford was more than an innovator who revolutionized the automobile industry, he was also a firm believer in the role of international commerce as a means of maintain world peace. He had established production factories in England and Canada in 1911 and cooperated with Fiat to build an Italian production facility in 1912. During the 1920's he developed plants in Germany, France, Australia, and India and by the end of 1929, had agreed to provide technical aid to the Russians that resulted in the first Soviet automobile plant being built. In addition to all of this, Ford had also built a commercial rubber plantation in the Amazon Jungle that he named Fordlandia. The plantation included a school, hospital, production facility, and housing for managers and workers but due to logistics, jungle diseases, and production issues, the project would end in failure.

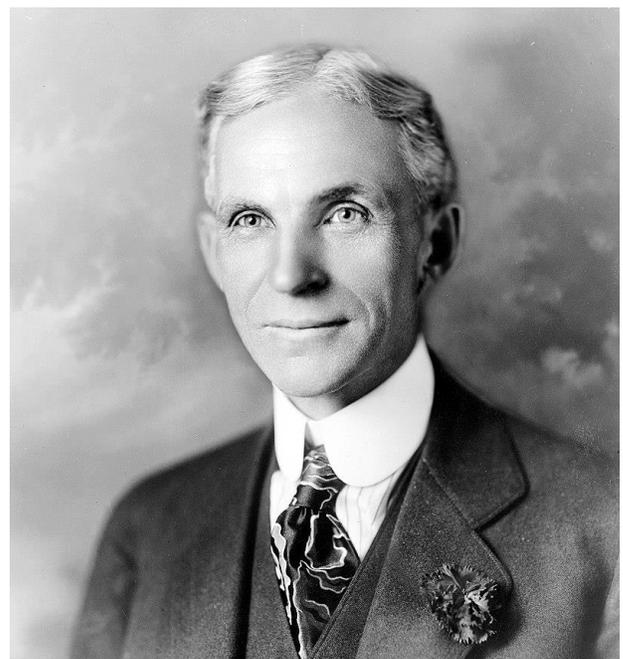
Although he was fierce opponent of labor unions, Ford believed in fair treatment and pay for workers. He shocked the industrial world by offering qualifying workers a \$5.00 an hour wage in 1914. This move proved extremely profitable as it put an end to employee turnover and attracted the best workers from his competitor's factories. Ford went on to introduce the five-day work week in

Henry Ford: American Legend Cont.

1926 due to his belief that adequate leisure time was good for employees and the economy both as it would allow workers more time to purchase and consume manufactured goods. He offered profit sharing to employees who worked at the company for six months and conducted their lives in a respectable manner. To enforce this policy Ford established a “Social Department” that frowned upon heavy drinking, gambling, and men who failed to provide for their families. The Social Department soon employed 50 investigators and the many support staff needed to maintain employee standards. In the end, an overwhelming majority of employees qualified for Ford’s profit-sharing program. Ford’s venture into the private lives of his employees soon proved controversial and the Social Department ceased operations prior to 1930.

Historians have drawn warranted attention towards Ford’s strong antisemitic views and there is little doubt that he took steps to make sure his anti-Jewish viewpoints were spread. In the 1920’s Ford sponsored a weekly newspaper, *The Dearborn Independent*, that featured many antisemitic articles. The newspaper was in print for 8 years and Ford mandated that every Ford franchise carry the paper and distribute it to its customers. In Germany, Ford’s antisemitic articles were reprinted and reissued in four volumes, titled *The International Jew, the World’s Foremost Problem*. It was published by Theodor Fritsch, the founder of several antisemitic parties and a member of the German Parliament. In 1924, Heinrich Himmler described Henry Ford as “one of our most valuable, important, and witty fighters” and Ford is the only American mentioned favorably in *Mein Kampf*. Hitler was so impressed by Henry Ford that he patterned the production practices of the Volkswagen Beetle after Ford’s Model T and was rumored to keep a large portrait of Ford in his office.

Even though his antisemitic views made him popular with Hitler and the Nazi elite, there is little evidence that Ford’s business activities reflected his beliefs. He has never been accused of discrimination or mistreatment by Jewish workers or suppliers. Moreover, in the early 1920’s Ford anti-discriminative hiring practices made his factories open to blacks, women, and handicapped men at a time when doing so was not common. All of this serves as evidence to the fact that Henry Ford was both complex and simple in his nature. He was a pacifist who worked towards world peace through economic partnerships, he was antisemitic and actively spread anti-Jewish propaganda throughout America, he was a humanist who believed in treating workers well regardless of race, religion or gender, and he was an innovator who took pride in being efficient, producing a good product, and always working to improve. But above all else, Henry Ford is an icon of American industry whose contributions to the American economy and production practices may never be matched and can never be forgotten.



July Birthdays

Bob Green- July 11th

Illa Brown- July 20th



Riddle of the Month....

Q. What did Polly the parrot want on the 4th of July?

Answer to last month's question:

Q. What do you call it when your parachute doesn't open?

A. *Jumping to a Conclusion*



Maintenance Matters

BY DON COX

Summer is fast approaching, and the flowers and gardens are looking beautiful. Thank you to all who help water and baby our plants along. We all appreciate your dedication to this task.

Flooring has been installed in our new memory care apartments. By the end of the month all the vanities, toilets, handi-cap bars, shower heads, and medicine cabinets will be in place. We are inching closer to completion of this project and look forward to finishing it.

Thank you for your patience with the many projects around Vintage Park, as they have created a lot of work.

Please feel free to contact us via email at anytime

Doug Junker, Manager: manager@vintageparkapts.com

Rachael Gard, Health Care Coordinator: nurse@vintageparkapts.com

Melissa Butler, Life Enrichment Coordinator: life@vintageparkapts.com

BUSY BUSY.... TOO BUSY

By Cindy Cox

I am writing this newsletter article and asking myself how it could be July already? I must have slept through a couple of months! Seriously...I can't be the only person who is asking herself why I let my life be so busy?!?!

Our kids keep us on the move—and, June is a crazy busy time with softball and baseball games almost every day! Don noted that one week in June we had 23 games on the schedule—Jake had 12 baseball games (Jr High and Jr Varsity) and Sadie had 11 softball games. The season is short – softball is over before the 4th of July and baseball will end shortly after.

We are FINALLY in the home stretch of our Memory Care addition/Clinic remodel project. One of the lessons I learned during this process (for the 4th or 5th time – if I am honest about it) is that I can't control other peoples' schedules! Just because I think it's time for the wiring to be installed or the concrete to be poured or for the countertops to arrive...doesn't mean it's going to happen! There are forces and factors beyond my control...

I will say that my husband has to be one of the HARDEST WORKING MEN THAT EVER WALKED THIS EARTH! He spends a full day fixing, painting, mowing, watering, weeding, cleaning, etc., at Vintage Park—then, he

goes home and plants or waters trees/shrubs/flowers, fixes, mows, weeds, cleans the garage or storage shed, etc., at our house. I probably don't say it often enough—but, I admire his desire to keep things looking great and working well at Vintage Park and at Home! Thank you, Donny!

A lot of staff have scheduled time off in July—which we are glad to provide. A little time away from work can refresh and renew a person's mind - - and, they come back with a fresh outlook and new appreciation for their co-workers and our residents.

Happy 4th of July to all of you!





Pictures from
Flag Folding
Demonstration
on Flag Day

The first fold of our flag is a symbol of life.

The second fold signifies our belief in eternal life.

The third fold is made in honor and tribute of the veteran departing our ranks, and who gave a portion of his or her life for the defense of our country to attain peace.

The fourth fold exemplifies our weaker nature as citizens trusting in God; it is to Him we turn for His divine guidance.

The fifth fold is an acknowledgment to our country, for in the words of Stephen Decatur, "Our country, in dealing with other countries, may she always be right, but it is still our country, right or wrong."

The sixth fold is for where our hearts lie. It is with our heart that we pledge allegiance to the flag of the United States of America, and to the republic for which it stands, one nation under God, indivisible, with liberty and justice for all.

The seventh fold is a tribute to our armed forces, for it is through the armed forces that we protect our country and our flag against all enemies.

The eighth fold is a tribute to the one who entered into the valley of the shadow of death, that we might see the light of day, and to honor our mother, for whom it flies on Mother's Day.

The ninth fold is an honor to womanhood, for it has been through their faith, love, loyalty, and devotion that the character of the men and women who have made this country great have been molded.

The 10th fold is a tribute to father, for he, too, has given his sons and daughters for the defense of our country since he or she was first-born.

The 11th fold, in the eyes of Hebrew citizens, represents the lower portion of the seal of King David and King Solomon and glorifies, in their eyes, the God of Abraham, Isaac, and Jacob.

The 12th fold, in the eyes of a Christian citizen, represents an emblem of eternity and glorifies, in their eyes, God the Father, the Son, and Holy Ghost.

The last fold, when the flag is completely folded, the stars are uppermost, reminding us of our national motto, "In God We Trust."

July is National Ultra-Violet Safety Month

By Rachael Gard

Did you know:

- Long term exposure to the sun puts you at increased risk of eye diseases such as cataracts and macular degeneration? Wearing sunglasses blocks 99-100% of both UVA and UVB radiation.
- Besides being bad for your eyes, UV rays are bad for your skin. You can protect your skin by slipping on a shirt, slop on the sunscreen, slap on a hat, and throw on sunglasses to protect the eyes and skin around them. When choosing sunscreen be sure to use one with broad spread protection and with a SPF value greater than 30.
- UV light is strongest between the hours of 10AM and 4PM.
- UV rays are more intense starting in the spring.
- UV rays can pass through windows, but most provide protections from UVB rays and block a portion of UVA rays.
- Be aware that covering your skin with clothing does not block all UV rays. If you can see light through the fabric, UV rays can get through as well.

<https://www.cancer.org/cancer/skin-cancer/prevention-and-early-detection/uv-protection.html>



Picnic at the Lenox Park

Dr. Kopp Visits

July 18th

Straight from the Kitchen Cupboard

By Amy Jenkins

Hello everyone; I hope this note finds you in the shade with an icy drink in your hand! Summer time is here, and the warm weather has been great for outdoor cooking. We have already had the grill fired up quite a bit the last couple of months and we plan to continue throughout the summer. I would like to remind you that you may purchase your favorite cut of meat and bring it to the kitchen on Fridays and when we will gladly grill it for you; you may even join us on the patio while we cook it! I would also like to remind you to join us for our “Around the World” cooking show. Each month we feature a food item from a different country or culture to prepare and enjoy. Last month we featured Louisiana and a delicious Shrimp Steam Pot (I have included the recipes to the right). Please join me for our next “Around the World”, which is scheduled for July 18th and will feature food from Italy. This is Amy reminding you to “Keep it saucy and play with your food!”



Louisiana Shrimp Pot

- 3 ½ sticks of butter
- 8 cloves of garlic
- 2Tbsp Poultry Seasoning
- 2 Tbsp Lemon Pepper
- 2 Tbsp Paprika
- 2 Tbsp Cajun Seasoning
- 2 Tbsp Cayan Red Pepper
- 2 Tbsp Hot Sauce
- 1 tsp sugar
- 1 Lemon
- 2 lbs. crawfish or shrimp
- 1 lb. of red potatoes
- 6 ears of sweet corn
- 1 onion
- 1 Rope sausage

In large pan bring water and the juice from half a lemon to a boil. Cook the potatoes, onion and sliced up sausage until potatoes are tender. Remove from water and then cook the shrimp and corn in the same lemon water. Shrimp will turn pink when done; do not overcook them. Drain and add the shrimp and corn to same pot as the potatoes. In a separate sauce pan melt the butter and add the garlic; do not let the garlic/butter caramelize. Add all other seasonings to this mixture. After it has simmered for a few minutes, pour the mixture over the previously cooked items along with the juice of the other half of lemon and stir. Feel free to adjust the heat of this dish by cutting back on the red pepper and hot sauce.

Activities at a Glance

By Melissa Butler

Due to all the interest in Wii bowling, I thought it best to set some guidelines. We now have 2 Wii consoles available in the building and we have scheduled Wii bowling more on the calendar to meet the needs of everyone at Vintage Park. To eliminate confusion, we are going to designate certain days for certain groups. I ask that everyone be mindful of the schedule so that everyone can enjoy Wii Bowling. We will try this setup and make adjustments as needed. If you have any suggestions or concerns about the schedule, please talk with Melissa.



Vintage Park will be attending the Clearfield 4th of July parade this year. The bus will be leaving directly after supper. Those who wish to go are encouraged to sign up.

We will not be attending the Bedford parade this year!

Wii Bowling Schedule

Mondays at 1pm

Theater Room
Hyatt, Marvin, Norma, Marjorie

Living Room
Darlene, Betty, Jane, Ann

Wednesday at 1pm

Living Room
Wii Bowling for Beginners

Theater Room
Men's Group

Saturday at 10am

Open Bowling in Both Locations.

Vintage Park will be participating in the Lenox Rodeo Parade on July 24th. We will be taking anyone who wants to watch the parade up to main street that evening. As it gets closer and we know the theme for the parade, we will be asking for input for float ideas. We have had some really neat floats in the local parades.

July Lunch Specials

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1. Liver & Onions Macaroni & Cheese Glazed Carrots Shortcake	2. Honey Mustard Chicken Baked Potato Creamed Peas Bread Strawberry Cake	3. Live 2B Healthy Cookout Kidney Bean Salad Chips Novelty Ice Cream	4. Meatloaf Vegetable Blend Bread Pudding Parfait	5. Pur Southern Catfish Filet Garden Blend Rice Bread Fresh Fruit	6. Chicken Fajita Pasta Bake Corn Bread Ice Cream
7. Bacon Wrapped Pork Loin Candied Yams Peas Roll Pie	8. Lemon Pepper Tilapia Filet Long Grain Wild Rice Parslied Carrots Bread Berry Crisp	9. Swiss Steak Mashed Potatoes Gravy Corn Fresh Baked Bread Frosted Chocolate Cake	10. BBQ Chicken Breast Pasta Salad Yellow Squash Melon Wedge	11. Order off the Menu Day	12. Herb Roasted Chicken Mashed Potatoes Gravy Seasonal Vegetable Bread PB Choc. Chip Bar	13. Honey Garlic Meatballs Scalloped Potatoes Pickled Beets Bread Fresh Fruit
14. Roast Turkey Mashed Potatoes Pan Gravy Carrots Roll Pie	15. Ham Balls Sweet Potatoes Creamed Peas Pudding Parfaits	16. Hamburger Potato Feature Baked Beans Fresh Fruit	17. Chicken & Noodles Mashed Potatoes Lima Beans Banana Cream Pie	18. Roast Beef Mashed Potatoes Gravy Corn Bread Cheesecake	19. Pur Breaded Cod Fillet Pasta Alfredo Vegie Blend Garlic Toast Rainbow Cake	20. Baked Ham Fried Potatoes Broccoli Bread Fresh Fruit
21. Ham Balls Mashed Potatoes Gravy Corn Roll Pie	22. Spaghetti & Meatballs Seasoned Peas Fudge Brownie	23. Seasoned Pork Chop Candied Yams Vegeatable Blend Bread Fruit Crisp	24. Open Face Hot Beef Sandwich Mashed Potatoes Gravy Carrots Strawberry Shortcake	25. Smothered Chicken Garden Blend Rice Broccoli Bread Sherbert	26. Batterd Fish Fried Potatoes Green Beans Bread Pineapple Upside Down Cake	27. Smokehouse Ribs Potato Salad Baked Beans Bread Fresh Fruit
28. Beef Pot Roast Roasted Potatoes Carrots Cabbage Pan Gravy Roll Pie	29. BLT Sandwich & Macaroni Cheese Pea Salad Fresh Fruit	30. Honey Mustard Chicken Baked Potato Carrots Bread Strawberry Cake	31. Herbed Pork Chop Pasta Salad Broccoli Garlic Toast Fruited Gelatin			



Hawaii



u a i l s e k i h o s m t t o t s	sand
o y s f r k i s u i i i u i o e s	beach
h h l b e t r m g n i m m i w s s	ocean
w l a i r p l a n e e r c s n u s	sun
t a n a m o h e h s t p g o o w i	waikiki
s i d - l a w u e s s u r f i n g	honolulu
d k u a w k f v e t n k g m t e c	hawaii
n i a a f o a o i l a s s t a a a	shorts
s k i e p w n r u l e u a - c w n	t-tops
l i p a r a s a i l i n g t a i w	vacation
u a w i c b l n r t u g l o v f s	sun glasses
r w n l l u g m s p o l f p i l f	airplane
w s o d t n b n t u n a o s s k s	airports
d v c a n g a u i r n s h n g g c	family
s a e b e a c h r r e s t r o h s	sharks
p u a s a a s t g n p e e g o h o	fish
a g n e a i r p o r t s s t a r r	snorkaling
	surfing
	parasailing
	swimming
	waves
	hot
	island
	springbreak
	swim suits
	lual
	kowabunga
	flip flops
	hikes
	volcanoes
	palm trees
	sunset
	tan
	burnt
	sun screen

What is spelled wrong?