

# VINTAGE TIMES



Vintage Park Apartments, 810 East Van Buren, Lenox, IA 50851  
Vintageparkapts.com 641-333-2233

## The Sad Story of Tokyo Rose

By:

Doug Junker

For American service men fighting in the Pacific during World War II, Tokyo Rose was a fixture of everyday life. The name itself was attached to any number of Japanese women who were used to broadcast radio messages and propaganda over the air waves and into the ears of sailors and soldiers alike. It was all part of the Japanese war effort, meant to demoralize US service men and weaken the American will to fight. In reality, these efforts were rarely successful and often the radio shows became a favored form of entertainment and did more to boost morale than they did to sap it. History will show the Japanese efforts to affect the war with propaganda were a failure, a failure that can be directly tied to individuals like Iva Toguri.

Iva Toguri was an American woman of Japanese descent. Her father had immigrated to California in 1899 and her mother did the same in 1913. Iva's parents raised her as an American. She was a Girl Scout, graduated high school and then the University of California. Prior to the Japanese attack on Pearl Harbor, Iva traveled to Japan to visit a sick relative. She was there when the attack happened, and the declaration of war made her plans to return home impossible. Iva was forced to live in Japan throughout the war and as an American, was viewed with contempt by the Japanese populace. The Japanese government tried to force her to renounce her American citizenship, which she refused. This made it impossible for her to attain ration cards and therefore she was forced to work menial jobs to

make enough to survive. By 1943 the Japanese had begun to force allied prisoners to produce radio shows to broadcast propaganda and Iva Toguri was selected to host portions of the show *Zero Hour*.

As a host of *Zero Hour* Iva and the other allied prisoners did all they could to sabotage the effectiveness of the Japanese propaganda efforts. The Japanese overseers could understand English but were far from proficient. Their ignorance allowed Iva and the others to utilize sarcasm and subtle nuances to negate the propaganda. The result was the production of a radio show directed by the Japanese military, broadcasted by allied prisoners, enjoyed by servicemen across the Pacific theater, and almost completely devoid of any information that would damage the American war effort.

After the war Iva tried to return home but was without the means to do so. The war had left her penniless and she could not purchase passage back to America. The story of Tokyo Rose was so intriguing to the American populace that a newspaper editor offered a \$2,000 award for the rights to a direct interview with Tokyo Rose. Iva, needing the money to get home, accepted the offer but when she arrived for the interview was quickly arrested and held for over a year. She was eventually cleared of all charges by both the FBI, and the staff of General MacArthur, and began working to return home. At this point an American gossip columnist and radio host, Walter Winchell, began to lobby against her efforts to move back to the United States. Walter Winchell was an influential member of the media and he was instrumental in treason charges being levied against Iva. In September of 1949, she was found guilty of treason against the United States and received a \$10,000 fine and a 10-year prison sentence. From the outset, the legitimacy of Iva's trial was called into question. There were claims of perjury and

*The Sad Story of Tokyo Rose Cont.*

there had been a complete lack of credible evidence against her. Many considered her guilty verdict as much a product of her ethnicity than to any evidence of misconduct.

Iva Toguri was released from prison on parole in 1956 and moved to Chicago, Illinois. In 1976, a reporter for the Chicago Tribune began to investigate Iva Toguri's case. During his investigation he discovered evidence of perjury in the testimony used to convict Iva. He also uncovered proof that witnesses, used by the US government against Iva, had been coached for 6 months about the case and had been instructed as to the nature of the testimony. This initial investigation led to a Morley Safer report on *60 Minutes* and in 1977, Iva Toguri was issued a full pardon by President Ford. In January of 2006 the

World War Two Veterans Committee awarded Iva its annual Edward J. Herlihy Citizenship Award, citing her "indomitable spirit, love of country, and the example of courage she has given her fellow Americans".

Iva died of natural causes in September of 2006. She was one of the lost casualties of a war that spanned a globe and altered the realities of those who lived through it and all of those who would come after. Iva was an American, an American who suffered greatly for the country she called home. Through it all she never lost hope and regardless of her treatment, she never turned her back on her country. The story of Tokyo Rose has gone largely untold and unknown for decades, but it is a story that should be cherished by all those who call this great country home.

## From the Ground Up and Everywhere in Between

By Don Cox

It doesn't feel much like fall—with the temperatures in the 90's, does it? But, the calendar says that fall begins on Sept 21<sup>st</sup>...Soon we will put away the lawnmowers and pull out the snow shovels!

A few things to share with all of you:

As soon as we get the Fire Marshal's approval—we will begin our Memory Care addition project. We are going to convert the Clinic area of our building into 5 additional Memory Care

units—and, plans are to start working in the area in early November. We will have more information to share as that date gets closer.

With the colder weather—the outdoor critters start looking for a warm place to hide. Please let me know if you see any creatures in the building that don't pay rent or work here!

Enjoy the last few days of warm weather!

Soon the snow will fly...

## October Birthdays

9<sup>th</sup>- Norma Gold



### Riddle of the Month....

Q. A man is washing windows on the 25th floor of an apartment building. Suddenly, he slips and falls. He has nothing to cushion his fall, and no safety equipment—but he doesn't get hurt. How is this possible?

*Look for the answer in next month's newsletter.*

## Halloween Door Decorating Contest

Get in the spirit of Halloween and decorate your doors. Winner of the contest will receive a free Casey's pizza to share or not share with whomever they want.

Tenants and staff will be able to vote on October 25<sup>th</sup>.

May the best door win!

Please feel free to contact us via email at anytime

Doug Junker, Manager: [manager@vintageparkkpts.com](mailto:manager@vintageparkkpts.com)

Rachael Gard, Health Care Coordinator: [nurse@vintageparkkpts.com](mailto:nurse@vintageparkkpts.com)

Melissa Butler, Life Enrichment Coordinator: [life@vintageparkkpts.com](mailto:life@vintageparkkpts.com)

## From Cindy's Desk....

We have had a very busy month! Labor Day and Grandparents Day and Homecoming...WHEW!! I get tired just thinking about it...and, it doesn't look like it will slow down any time soon.

I wanted to let you know what is going on with our employment advertisements as several people have asked why we continue to advertise for staff.

First of all—we needed to replace 2 staff who left recently (we have only lost 2 full timers in 2018!).

Second-- we are hoping to “hire ahead” to have staff trained and ready to go when our Memory Care expansion project is complete (sometime after the first of the year).

Third—we are pretty picky when it comes to hiring staff, so we would rather take our time and hire the right person. So, if you know anyone who would make a good employee for us—send them our way!

On to another topic--We have updated the Vintage Park website—so, take a peek at it and let us know what you think [www.vintageparkapts.com](http://www.vintageparkapts.com)

# Halloween Bash

Saturday, October 27<sup>th</sup>

7pm

Vintage Park Dining Room

- Karaoke
- Costume Contest
- Festive Challenges
- Chili Contest

Join us in your best costume for an evening of fun as we sample the competitors chilis, listen to the performers and bring out our competitive spirit!

- All entries for chili must be in the building at 6pm.

## Straight from the Kitchen Cupboard

By Amy Jenkins

We had a wonderful turnout for our family day picnic, actually, we had more guests than we had tenants! Needless to say, it was a full house. The weather was beautiful and the food was plentiful. Thank you to everyone who joined us to celebrate this day and to all the kids who helped serve. It was a successful grandparents day.

I can't help but look ahead towards the cool breezes that will be infiltrating the community. It makes me want to pull out the crockpot and throw together a batch of chili. It is one of the staples of fall in my house. Being able to use up all the garden tomatoes, green peppers, and onions is an added benefit. It also makes me want to bake. Pumpkin bars, apple pies and other fall desserts become a familiar smell and I look forward to bringing that smell to Vintage Park.

Have any of you ever tried white chili? I know it's different and nothing that resembles what you would typically call chili, but it is very good. I have included a recipe for those who are interested in giving it a try. As always, keep it saucy and play with your food.



## Creamy White Chili

### Ingredients

1 tablespoon olive oil  
1-pound skinless, boneless chicken breast halves cut into 1/2-inch cubes  
1 onion, chopped  
2 cloves garlic, chopped  
2 (15.5 ounce) cans great Northern beans, rinsed and drained  
1 (14.5 ounce) can chicken broth  
2 (4 ounce) cans chopped green chilies

1 teaspoon salt  
1 teaspoon ground cumin  
1 teaspoon dried oregano  
1/2 teaspoon ground black pepper  
1/4 teaspoon cayenne pepper  
1 cup sour cream  
1/2 cup heavy whipping cream

### Directions

1. Heat olive oil in a large saucepan over medium heat; cook and stir chicken, onion, and garlic into the hot oil until chicken is no longer pink in the center and the juices run clear, 10 to 15 minutes.
2. Mix Great Northern beans, chicken broth, green chilies, salt, cumin, oregano, black pepper, and cayenne pepper into chicken mixture; bring to a boil. Reduce heat and simmer until flavors have blended, about 30 minutes.
3. Remove chili from heat; stir in sour cream and whipping cream until incorporated.

## October Lunch Specials

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1. Philly Sandwich Potato Chips Coleslaw Chef's Choice Dessert	2. Parmesan Crusted Pork Chop Caesar Pasta Salad Italian Blend Vegetable Ambrosia Cake	3. Fried Chicken Mashed Potatoes Gravy Asparagus Bread Strawberry Cake	4. Beef Stroganoff Broccoli Fresh Baked Bread Blueberry Cream Pie	5. Cheeseburger Grilled Potatoes Summer Squash Cheesecake	6. Ham Steak Mashed Potatoes Gravy Cheddar Corn Casserole Fruited Gelatin
7. Beef Pot Roast Mashed Potatoes Gravy Roasted Asparagus Roll Pie	8. Baked Chicken Breast Baked Sweet Potato Green Beans Seasonal Fresh Fruit	9. Country Fried Steak Mashed Potatoes Gravy Mixed Veggies Spiced Apple Dessert	10. Liver & Onions Baked Potato Sunshine Carrots Bread Turtle Pudding	11. Apple Cider Pork Loin Roasted Red Potatoes Peas Bread Pretzel Dessert	12. Boneless BBQ Rib Cheesy Potato Casserole Key West Blend Bread Jello	13. Salisbury Steak Mashed Potatoes Gravy Pickled Beets Bread Fruit Cup
14. Paprika Chicken Loaded Mashed Potatoes Mixed Veggie Roll Pie	15. Spaghetti Italian Blend Vegetables Garlic Toast Snickerdoodle Fruit Crisp	16. Swedish Meatballs Noodles Green Beans Biscuit Seasonal Fresh Fruit	17. Country Fried Steak Mashed Potatoes Gravy Sunshine Carrots Angel Food Cake w/ Strawberries	18. Roast Turkey Stuffing Broccoli Bread Frosted Blueberry Gelatin	19. Grilled Pork Chop Fried Potatoes Coleslaw Bread Banana Cream Cheesecake	20. Chicken Stir Fry Rice Egg Roll Ice Cream Sundae
21. Garlic Ginger Pork Loin Parmesan Scalloped Potatoes Green Beans Roll Cherry Pie	22. Fried Chicken Mashed Potatoes Gravy Broccoli Bread Caramel Pretzel Blondie	23. Savory Meatloaf Mashed Potatoes Gravy Chuckwagon Corn Bread Strawberry Fluff	24. Broccoli Cheese Chicken Breast Baked Potato Catalina Carrots Bread Seasonal Fresh Fruit	25. Hot Beef Sandwich Mashed Potatoes Gravy Asparagus Frosted Brownie	26. Herb Baked Chicken Long Grain Rice Vegetable Cass. Bread Lemon Burst Poke Cake	27. Lasagna Tossed Salad Garlic Toast Oreo Rice Krispie Square
28. Roasted Chicken Cornbread Stuffing Sweet Potatoes Roll Pie	29. Philly Sandwich Potato Chips Coleslaw Chef's Choice Dessert	30. Parmesan Crusted Pork Chop Caesar Pasta Salad Italian Blend Veg Ambrosia Cake	31. Fried Chicken Mashed Potatoes Gravy Asparagus Bread Strawberry Cake			

# Pictures from Grandparents Day





## Staff Spotlights



John Franklin has been working late nights at Vintage Park for two years. Several of you are probably not familiar with him due to the late hours he works, but he is a dependable employee with a warm and loving heart.

John went to school in Afton, Iowa and currently resides in Creston. He has one son.

In John's free time he likes to watch tv and clean house. I am not sure who he is trying to impress by saying that, but whatever works. His hobby is collecting old toys.

John's favorite thing about working at Vintage Park is getting the chance to visit with residents about the past.

We are lucky to have John as a member of the Vintage Park team and hope he is hear for years to come.



Lori Mains celebrates her 2<sup>nd</sup> year of cooking for the residents of Vintage Park. Her love of food and desire to make others happy shine thru in the food that she serves.

Lori grew up in Lenox, Iowa and attended school there. She currently resides in Lenox and is only a short distance from Vintage Park. She can often be seen walking to work on a nice day.

In Lori's free time she enjoys playing games on her phone and cooking. She is always eager to try a new recipe and share it with her fellow co-workers. We especially like it when she makes candy at Christmas, because she always brings enough for everyone!

Lori's favorite thing about working at Vintage Park is the nice atmosphere.

We are blessed to have Lori as a member of the Vintage Park team and look forward to her flare for food.

# Halloween

A D A R K Z T H R H Z Y P S A W S O N R  
 C L B M E W E N B O W S B R Y A E L U H  
 S I L I G B C R M G R A M O B H O A L O  
 W C O S E N O B I E M R B N R B A O A T  
 O Y O S N O I T O P U T O E P A Z W S P  
 S I D S M E P W C C M O F H S O M R C O  
 O C N N T H O O T O M A C H P N O J A F  
 E A W K A U T D R A Y E V A R G A G R R  
 E L I N C C M P I H B H O L L C H O Y T  
 E W T C K I H E C G H O U L K D G N R H  
 C O C F C G R M K B G F L O W E R E W G  
 M F H E A D S T O N E I L W Y O A O M I  
 Z R N O L N A O R O Z A D E A T H A N N  
 E H S N B L G O T A N T S E E H S N A B  
 L C U B U I C S R T I L P N I K P M U P  
 I E N C E Y A D E I Z T I R O E I O Y P  
 R H A M D W F R A G P V D G Y T R E Y O  
 F R A N K E N S T E I N E T H G I R F B  
 D N A W E R I P M A V C R Y P T T O M B  
 E C L T N C E P I Y B I O N I W S R L O

Trick	Candy Corn	Crypt
Treat	Boogiemán	Caldron
Moonlight	Tomb	Batwing
Scary	Bat	Lizardfeet
Blood	Spider	Spirits
Fangs	Banshee	Hoot
Potions	Werewolf	Frogeyes
Vampire	Phantom	Frighten
Witch	Headstone	Broom
Black Cat	Frankenstein	Bones
Costume	Mummy	Owl
Dracula	Graveyard	Webs
Halloween	Moon	Zombie
October	Night	Dark
Howl	Trick or Treat	Horror
Pumpkin	Vampire	Death
Mask	Groans	Ghoul
Candy	Jackolantern	RIP

**Which part of the road do  
 Ghosts love to travel to the  
 Most?**

**Answer: The Dead End**



## Flu Shots... Get Your Flu Shots Here!

It is that time of the year again. Taylor County Public Health will be at Vintage Park October 11<sup>th</sup> to administer flu shots. If you would like one let Rachael or I know, and we will help get the paperwork filled out. If you have not given Rachael or I a copy of your new Medicare card, please do so for our nursing records.

Thanks,

Kim Morris, Community Nurse

### Why get vaccinated?

Influenza ("flu") is a contagious disease that spreads around the United States every year, usually between October and May.

Flu is caused by influenza viruses, and is spread mainly by coughing, sneezing, and close contact.

Anyone can get flu. Flu strikes suddenly and can last several days. Symptoms vary by age, but can include:

- fever/chills
- sore throat
- muscle aches
- fatigue
- cough
- headache
- runny or stuffy nose

Flu can also lead to pneumonia and blood infections, and cause diarrhea and seizures in children. If you have a medical condition, such as heart or lung disease, flu can make it worse.

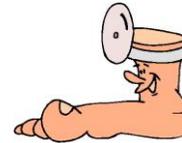
Flu is more dangerous for some people. Infants and young children, people 65 years of age and older, pregnant women, and people with certain health conditions or a weakened immune system are at greatest risk.

Each year thousands of people in the United States die from flu, and many more are hospitalized.

Flu vaccine can:

- keep you from getting flu,
- make flu less severe if you do get it, and
- keep you from spreading flu to your family and other people.

## Foot Doctor October 15<sup>th</sup>



Mark your calendars for October 15<sup>th</sup> to see Dr. Licandro for all your podiatry needs. All you need to do is let Kim or Rachael know you would like to be seen!

## Medicare Cards

When you receive your new Medicare card please bring it down to Rachael or Kim, so we can make a copy for your file.

Thanks in advance for helping us keep your records up to date!



## Activities at a Glance....

By Melissa Butler

We will be embracing everything fall in October including a trip to the pumpkin patch. We will take a hay ride, decorate pumpkins, taste apples, celebrate Halloween and create the pumpkin craft to the right.

October is one of my favorite months because of Halloween, I mean, who doesn't love the opportunity to dress up and let out their inner child?

Vintage Park will be holding their first Halloween Bash in conjunction with our annual chili contest, which is open to tenants, staff, family, friends and community members. We encourage everyone to join us in the fun. I look forward to seeing some creative costumes!

Halloween is on the 31<sup>st</sup> and Vintage Park will be allowing trick -or-treaters. If you want the kids to knock on your door you will be given a sign by Melissa saying "Trick or Treaters Welcome". You are not required to hand out treats if you do not wish to. When you are ready to be done for the night, simply take down your sign so the kids know not to knock on your door.

We will also be participating in the spook parade uptown on Halloween. This involves parking the Vintage Park car on main street, decorating the trunk and handing out goodies. If anyone is interested in helping with this adventure, please let Melissa know.

The cool temperatures are creeping in so make the most of it and get out while you still can, take the Sunday drive, go out to eat, go shopping even if you don't need anything. Getting out and about is good for everybody!



## It's Picture Time



**Lori Green will be here October 8<sup>th</sup> & 9<sup>th</sup> to take pictures of tenants for our 2019 calendar.**