

VINTAGE TIMES



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, **The Bonus Army: A Tale from the Great Depression**

By:

Doug Junker

By the summer of 1932 the effects of a failing economy were being felt by virtually every American. Since the stock market crash of October 1929 millions of Americans had found themselves in poverty, most with little hope of finding a way to survive. Men became desperate, suicide rates skyrocketed, and many simply turned their backs and deserted their families in a period of American history that became known as The Great Depression.

The manufacturing and food demand that World War I had placed upon American production had fueled a huge growth in the American economy during the early decades of the 20th Century. This growth had initiated a stock market boom that saw investors clamoring to take advantage and willing to buy stocks on margin, that is purchasing stocks with money that was borrowed. It has been estimated that 90% of the stocks purchased during the 1920's were done so with borrowed money. After the end of World War I the rebuilding of European countries, decimated by years of war, had continued the demand on U.S. production but by the late 1920's, that demand was beginning to decline. As manufacturing companies struggled to retool machines and ideas, the American farmer, eager to maintain income, responded to falling prices by plowing up and planting more acres. On the Great Plains, the marked increase in acres tilled coincided with a dramatic decrease in rainfall. The Dust Bowl years that followed added more hardship and uncertainty to an already suffering

American populace.

When the stock market crashed in October 1929, investors suddenly found themselves penniless and unable to pay on the loans they had used to purchase their now useless stocks. Soon banks were running low on cash and were unable pay those who came to liquify their savings. Millions of Americans, even those who hadn't speculated on the stock market, quickly found themselves with no cash reserves, no savings, and no income as a decline in the demand of production caused many to be laid off. By the early 1930's America was in the firm grips of depression.

For the veterans of World War I, the sudden loss of prosperity and the realities of bread lines and unemployment were hard to accept. These men, the majority of which had volunteered, had responded to their nation's call and had suffered greatly in the muddy trenches of France; now they found themselves suffering at home as well. They, unlike other Americans, did have a small light at the end of the tunnel. Since before the Civil War congress had enacted various articles of legislation designed to reward war veterans for their service. In 1855 the US Congress provided \$80 and 160 acres of land on the frontier to veterans who had served at least 14 days or had fought in 1 recorded battle. This program had proved beneficial as an estimated 40% of the arable land in Tennessee had been given to veterans, but by the early 1900's there was little land left to be given.

In 1924 congress passed the World War Adjusted Compensation Act that promised WWI veterans \$1 for every day of domestic service and \$1.25 for every day of service overseas. Congress earmarked \$3.64 billion for the payments, which were to be paid in 1945. For the veterans suffering through the depression, 1945 seemed to be too far away and they began to mobilize in an effort to force the early payment of what had been promised.

The Bonus Army: A Tale from the Great Depression Cont.

By July of 1932, 17,000 WWI veterans and their families, a total of 43,000 people, had arrived in Washington D.C. to demand the early payment of their service benefit. They set up camp in a “Hooverville” near the capital and began their efforts to gain payment. By the end of July, their movement had stalled and President Hoover ordered the crowds to be dispersed. On the 28th the Secretary of War ordered regiments of the army to clear the camp. Horses, tanks, tear gas, and machine guns were utilized in an effort to disperse the crowd. The soldiers pushed the “Bonus Marchers” out of the camp, only to see the protesters return once the soldiers had been called back. After the initial failure to clear the camp, a second effort, organized and led by General Douglas MacArthur, himself aided by Major George S. Patton and Major Dwight D. Eisenhower, successfully cleared the camp and forcibly pushed the protesters across the Anacostia River. Once out of the way, MacArthur ordered the camp burned. The veteran’s push for early compensation had been forcibly rejected and the marchers sent packing. The day’s actions cost the lives of 3 veterans and an additional 55 were wounded. 135 veterans were also arrested for their roles in the protest.

News of the fate of the “Bonus Marchers” spread quickly as every newspaper in the country took on the cause. The negative press all but assured the defeat of Hoover’s re-election campaign and in the fall of 1932, Franklin Delano Roosevelt took over and began the process of shepherding his nation’s recovery efforts. With a new president in office, one who had campaigned on the promises of relief and recovery, the veteran’s returned to the capital in 1933. FDR, although troubled by their presence, opted not to send the army to clear them out but rather established a campsite for them and provided each with 3 meals a day. He also sent his wife Eleanor, a well-respected social reformer, to meet with them. In the end, FDR did not pay their bonuses early but rather authorized Eleanor to offer each of

them a job in the newly formed Civilian Conservation Corps. Those that refused employment were provided transportation home.

The history of America is full of wonderful stories, many of which remain obscure to the majority of Americans. I believe the story of the “Bonus Marchers” falls into this category, yet the fact that it remains unknown does not detract from the lessons to be learned from it. From my perspective, it is fascinating to compare and contrast the very different vantage points from which Hoover and Roosevelt tackled this issue. Hoover, whom historians often rank as one our nation’s worst presidents, mainly ignored the problem until finally resorting to force rather than diplomacy to solve a domestic dispute. This approach painfully illustrated the disconnected nature of Hoover’s leadership and is evidence of his general dismissal of the suffering of the American people. Where Hoover failed, Roosevelt succeeded. Roosevelt was successful because he was willing to take action. In study of his leadership during the depression years you will find just as many failures in legislation as you will find successes, yet he understood that for the American suffering from hunger, poverty, and a lack of hope, sitting idle was not an option. Roosevelt understood politics, but more importantly, he understood people. He understood the importance of a word of comfort in a time of strife and therefore came closer to meeting the needs of his people than most could have. We would all benefit from following his example.



June Picnics



Picnics are an American favorite whether you are a big family, a newly engaged couple or a small group of friends. The idea of getting away from it all and enjoying the company of those you are with make a picnic ideal for everyone and the meals can be as simple as you want.

In the past, Fried Chicken and Potato Salad were staples at picnics, but today the top picnic foods include sandwiches and chips due to their convenience. With all the advances and knowledge in food safety, foods rich with mayo and egg have a bad reputation at picnics.

No matter how extravagant your meal, a picnic is a good way to get out and enjoy some fresh air.



“Picnic”

The first usage of the word is traced to the 1692 edition of Tony Willis, *Origins' de la Langue Française*, which mentions *pique-nique* as being of recent origin; it marks the first appearance of the word in print. The term was used to describe a group of people dining in a restaurant who brought their own wine. The concept of a picnic long retained the connotation of a meal to which everyone contributed something.

Though it may have appeared in a 17th-century dictionary as "pique-nique," the actual usage began as "pique un niche" meaning to "pick a place," an isolated spot (a nest) where family or friends could enjoy a meal together away from the distractions, demands, and public nature of a communal life. The term morphed into "pique-nique" and after years of usage entered the official French language.



Sometimes you just don't see it coming...

Wow—we kicked off the month of June with some unexpected excitement...namely a mandatory boil order! In all my years of managing facilities—a boil order is something I've never had to deal with before.

Out of the blue—June 1st, we are notified early in the morning that we are included in this boil order...until further notice.

Public Health provided a one-page flyer with some guidance on how we were to function – effective immediately, of course. We had to scramble to secure enough bottled water and ice to get through the weekend at least—and, Ramsey's Market was a lifesaver for us. They delivered 30 cases of bottled water within 2 hours that day.

We then had an emergency managers meeting to plan out meals and handwashing and dishwashing, etc., while the boil order was in effect. The Department of Health showed up late that afternoon—at which time we received more “guidance” regarding protocols. We spent much time the next several days boiling water, delivering water and purchasing paper plates. Oh my!

Our staff and residents were good sports during the entire ordeal. The kitchen staff

didn't miss a beat—even when one of their own tried to boil her own feet! Seriously—we are glad Cassie was wearing heavy duty shoes and socks—which probably prevented her from serious burns (not that her burns weren't serious enough—but, it could have been much worse if she hadn't had her work shoes on!).

We were all very happy when we were notified that the boil order had been lifted. Then, the flushing began! We had to run lots of water through the pipes and faucets and fountains, etc., to clear out “bad water” and replace it with “good water”. We worked with the manufacturers of our ice machine, dishwashing machine, drink and coffee dispensers, etc., to clean and sanitize all the tanks and tubing, etc., so we could safely use this equipment again.

As much as we learned during this whole process—it is information that I hope we never have to make use of again!



Straight from the Kitchen Cupboard

By Amy Jenkins

Hello folks.... Summer has arrived. The gardens are in full bloom and the fresh vegetation is wonderful. And for anyone who plants cucumbers, you know the struggle of trying to find new ideas to use them all up. Last summer at a cookout I attended with my family, there was a beautiful, summery looking dish sitting on a picnic table with all the other staples. It really caught my eye. It was a cucumber salsa. My grandma said she read about it in a magazine and thought she would give it a try since she had no idea how to get rid of all these cucumbers her garden was producing. Looking online I've seen various recipes for the same salsa, and I believe this is the one she used. So, if you're looking for a new summer dish to take to a party or cookout, give this one a try. As always, keep it saucy and play with your food! [Add to greater](#)

Cucumber Salsa

- 2 medium cucumber peeled, seeded and chopped
- 2 medium tomatoes chopped
- ½ c. chopped green bell pepper
- 1 jalapeno pepper seeded and minced
- 1 small onion chopped
- 1 clove garlic minced
- 2Tbsp. Lime juice
- 1 tsp. fresh minced parsley
- 2 tsp. fresh minced cilantro
- ½ tsp. dried dill weed
- ½ tsp. salt
- Bag of Tortilla Chips



Pics from
our Luau



July Lunch Specials

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1. Garlic Ginger Pork Loin Parmesan Scalloped Potatoes Green Beans Roll Cherry Pie	2. Fried Chicken Mashed Potatoes Gravy Broccoli Caramel Pretzel Blondie	3. Savory Meatloaf Fresh Mashed Potatoes Gravy Chuckwagon Corn Strawberry marshmallow dessert	4. Corn Dogs Chili Fries Patriotic Parfaits	5. Hot Beef Sand. Mashed Potatoes Gravy Asparagus Frosted Brownie	6. Herb Baked Chicken Long Grain Wild Rice Vegetable Cass. Lemon Burst Poke Cake	7. Lasagna Tossed Salad Garlic Toast Oreo Rice Krispie Square
8. Roasted Chicken Cornbread Stuffing Sweet Potatoes Roll Pie	9. Philly Beef Sand. Potato Chips Coleslaw Chef's Choice Dessert	10. Parmesan Crusted Pork Chop Caesar Pasta Salad Italian Veggies Ambrosia Cake	11. Fried Chicken Mashed Potatoes Gravy Asparagus Strawberry Cake	12. Beef Stroganoff Noodles Broccoli Fresh Baked Bread Blueberry Cream Pie	13. Cheeseburger Grilled Potatoes Summer Squash Cheesecake	14. Ham Steak Mashed Potatoes Gravy Cheddar Corn Casserole Fruited Gelatin
15. Beef Pot Roast Mashed Potatoes Gravy Oven Roasted Asparagus Roll Pie	16. Baked Chicken Breast Baked Sweet Potato Green Beans Seasonal Fresh Fruit	17. Country Fried Steak Mashed Potatoes Gravy Mixed Veggies Spiced Apple Dessert	18. Liver & Onions Mashed Potatoes Gravy Sunshine Carrots Turtle Pudding	19. Apple Cider Pork Loin Roasted Red Potatoes Peas Pretzel Dessert	20. Boneless BBQ Ribs Cheesy Potato Casserole Key West Blend Jello	21. Salisbury Steak Mashed Potatoes Pickled Beets Bread Fruit Cup
22. Smoked Paprika Chicken Cheddar Sour Cream Mashed Potatoes Mixed Veggies Roll Pie	23. Spaghetti Italian Veggies Garlic Toast Snickerdoodle Fruit Crisp	24. Swedish Meatballs Noodles Green Beans Biscuit Seasonal Fresh Fruit	25. Country Fried Steak Mashed Potatoes Gravy Sunshine Carrots Angel Food Cake	26. Roast Turkey Stuffing Gravy Broccoli Frosted Blueberry Gelatin Dessert	27. Western Themed Meal	28. Chicken Stir Fry Rice Egg Roll Ice Cream Sundae
29. Garlic Ginger Pork Loin Parmesan Scalloped Potatoes Green Beans Roll Cherry Pie	30. Fried Chicken Mashed Potatoes Gravy Broccoli Caramel Pretzel Blondie	31. Savory Meatloaf Mashed Potatoes Gravy Chuckwagon Corn Strawberry Marshmallow Dessert				

Bringing in The Longest Day of The Year



We dined on smoked pork, grilled zucchini, grilled pineapple and Hawaiian rolls.




 Staff
Spotlights


Amy Mattheis is celebrating her first year at Vintage Park. She is a Universal Worker who works the afternoon shift.

Amy comes from Brooks, Iowa and resides outside of Prescott with her significant other, Phil Fehrle.

Amy is up with the trends as one of her favorite pass times is coloring in her adult coloring books, which she has many of. Matter of fact, when she gets too many she brings them to Vintage Park to share.

Gardening is her hobby. If you ask her, she **will tell you, "I can grow anything."**

Amy's favorite thing about working at Vintage Park is the quiet and pleasant atmosphere.

We are glad to have Amy as part of the team at Vintage Park. Her laid-back attitude and sharing nature is appreciated by her fellow employees.



Lucy Barnes was born in Des Moines, Iowa and grew up in Indianola. She was an only child and was raised by her grandparents.

Lucy attended Hawthorne Elementary School and Indianola Jr/Sr. High School. Lucy went to D.M.A.C.C to obtain her CNA Certificate.

Prior to Vintage Park Lucy was a dedicated CNA at the nursing home for 31 years. As you can imagine, she brought with her a lot of skills and a good work ethic.

Lucy has one daughter, Mandee and one granddaughter, Torri. **Lucy's son Shane**, passed away at the young age of two.

In her free time, she loves spending time with her granddaughter, who is the love of her life, watching movies, playing with her cat and spending time with her friends.

Lucy believes that Vintage Park is the best place she has ever worked and that fellow co-workers and bosses are like family to her. Lucy would recommend Vintage Park to everyone!

Important Dates

July 3rd - Fireworks at Lake of Three Fires
July 4th - Fourth of July Parade in Bedford
July 10th - Bill Livingston & Rodger Mick Perform
July 11th - Senior Citizen Day at Adams County Fair
July 18th - Saxophone Concert
July 20th - Lunch at A&G Restaurant
July 24th - Community Singers
July 25th - Lenox Rodeo Parade
July 27th - Coffee with Rodeo Queens
July 28th - Lenox Rodeo

July Birthdays

11th- Bob Green

26th- Jack Rusco



Please feel free to contact us via email at anytime

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Melissa Butler, Life Enrichment Coordinator: life@vintageparkkpts.com

From the Desk of the Nurses : The Low Down on Sunscreen

The sunscreen aisle of a drugstore offers lots of choices, but which one is right for you? We hope to show you how to find the sunscreen that best fits your lifestyle.

2 Types of ultraviolet radiation –

- UVA – penetrate skin more deeply and are associated with wrinkling, leathering, and sagging of skin
- UVB – chief culprit behind sunburn, exacerbate the cancer-causing effects of UVB rays

Most sunscreens with an SPF of 15 or higher do an excellent job of protecting against UVB. SPF — or Sun Protection Factor — is a measure of a sunscreen's ability to prevent UVB from damaging the skin. Here's how it works: If it takes 20 minutes for your unprotected skin to start turning red, using an SPF 15 sunscreen theoretically prevents reddening 15 times longer — about five hours.

Another way to look at it is in terms of percentages: SPF 15 filters out approximately 93 percent of all incoming UVB rays. SPF 30 keeps out 97 percent and SPF 50 keeps out 98 percent. They may seem like negligible differences, but if you are light-sensitive, or have a history of skin cancer, those extra percentages will make a difference. And as you can see, no sunscreen can block all UV rays.

But there are problems with the SPF model: First, no sunscreen, regardless of strength, should be expected to stay effective longer than two hours without reapplication. Second, "reddening" of the skin is a reaction to UVB rays alone and tells you



little about what UVA damage you may be getting. Plenty of damage can be done without the red flag of sunburn being raised.

In all cases we recommend a broad-spectrum sunscreen offering protection against both UVA and UVB rays.

Many after-shave lotions and moisturizers have a sunscreen (usually SPF 15 or greater) already in them, and this is sufficient for everyday activities with a few minutes here and there in the sun. However, if you work outside or spend a lot of time outdoors, you need stronger, water-resistant, beachwear-type sunscreen that holds together on your skin.

<https://www.skincancer.org/prevention/sun-protection/sunscreen/sunscreens-explained>

Did You Know....

Skin Cancer is the most common type of cancer in the U.S.

1 in 5 Americans will develop skin cancer in their lifetime.

INDEPENDENCE DAY

f r e e d o m i f c p n n d e
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- independence
- freedom
- liberty
- rebellion
- revolution
- Jefferson
- fireworks
- parades
- picnic
- colonies
- Washington
- Franklin
- American flag
- separation
- congress
- declaration
- Philadelphia
- prayer

